

Somatoform Disorders

Subjects	Psychiatry and psychotherapy, Psychology and Sociology, Psychosomatic Medicine and Psychotherapy
Organ systems	Psyche
Main symptoms	Pain
Summary	<p>Somatoform disorders are characterized by single or multiple physical symptoms or complaints for which no (sufficient) physical correlate can be found as a cause despite thorough diagnosis. It is important to understand somatoform as an umbrella term for different types of disorders. In general, there is a clear sex difference in prevalence in terms of epidemiological data: In the study Health of Adults in Germany from 2014, 12-month prevalences of 1.7 percent in men and 5.2 percent in women (18 to 79 years) were found. An age effect can be observed especially in men: While only three percent of 18 to 35-year-olds suffer from psychosomatic complaints, the figure is already seven percent among 46 to 65-year-olds. The fact that age has a smaller effect on psychosomatic symptoms in women is probably due to a significantly higher starting level. Women (in comparison to men) with psychosomatic complaints also report an average of more symptoms, a higher burden and more emotional distress. Hypotheses exist regarding the assumption that women do not have a higher tendency to somatization per se, but that the higher emotional distress in women has the greatest influence on somatoform disorders.</p> <h2>Similiar Article</h2> <ul style="list-style-type: none">• Pain
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Autoren

Paulina Juszczuk

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