

Alcohol addiction/Quiz

The questions in the quiz refer to the article on the expert article on alcohol addiction.

Point added for a correct answer:

Points for an incorrect answer:

Ignore the questions' coefficients: ☐

1

Which answer regarding the prevalence of alcohol dependence is correct?

- ☐ In Germany, men drink alcohol more frequently and in larger quantities than women.
- ☐ Alcohol dependence is clearly more common among men, alcohol abuse among women.
- ☐ Alcohol abuse and dependence occur most frequently in old age.
- ☐ The male dominance of dependence already develops in adolescence.

2

Which of the following statements about the pathophysiology is not true?

- ☐ Women show an increased vulnerability to the toxic effects of alcohol.
- ☐ At similar alcohol levels, men react more aggressively on average than women.
- ☐ Alcohol consumption increases the risk of cancer of the mouth, pharynx and oesophagus, especially in women.
- ☐ Alcohol consumption is associated, among other things, with spontaneous miscarriages or the development of a disorder from the range of foetal alcohol syndrome.

3

Which statement regarding possible therapies is not true?

- ☐ Men seem to benefit more from clear structures (such as in Alcoholics Anonymous).
- ☐ Women are more likely to need groups where emotions are worked through and skills such as self-confidence or self-efficacy are practised for treatment success.
- ☐ For women, gender-homogeneous groups are more recommended, as topics relevant to them can be discussed better this way.
- ☐ For men, social support is a factor that has a stronger influence on both the uptake of therapy and the success of treatment than it does for women.