

Adulthood and social participation

Subjects**Summary**

Our adult years are defined by social participation. Besides starting a family (in all possible variations), most people are involved in paid and/or voluntary work. There is a connection between social integration and health. Work (including voluntary work) generally has a positive effect on health. Nevertheless, work-related illnesses can arise or existing illnesses can become worse due to poor working conditions. Conversely, individual health has an influence on participation in the workforce

Conflict

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